March 30, 2012

The Honorable FIRST LAST U.S. House of Representatives/U.S. Senate ROOM BUILDING Washington, DC ZIP

## Dear SENATOR/REPRESENTATIVE LAST:

As Congress considers the FY 2013 Budget Resolution and Agriculture Appropriations, we strongly urge you to reject any funding cuts that will damage the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC). While there are signs of economic recovery, sustained high unemployment and underemployment require that vulnerable mothers and young children continue to receive WIC's critical nutrition assistance and healthcare services.

The President has proposed to fully fund WIC at \$7.041 billion, providing \$14 million for infrastructure, \$30 million in support of cost containment and program integrity for management information systems (MIS) and electronic benefit service delivery (EBT), and \$60 million for breastfeeding peer counselors.

Under the Budget Control Act of 2011, WIC is slated for automatic cuts in FY 2013 as it is not a program that is protected from sequestration. This could result in over 800,000 mothers and young children losing critical nutrition benefits. Rather than allowing a sequester to go into effect and critical WIC funds to be cut, Congress should agree to a balanced deficit reduction package to replace the sequester and protect low-income programs, particularly WIC, from any funding cuts.

For 36 years, WIC has received strong bipartisan support in Congress. WIC is a well-respected and highly regarded program that elicits support across political, ideological, ethnic, and socio-economic lines. Voters oppose cutting funding for WIC. A national survey of 1,000 likely November 2012 voters indicated nearly 3 in 4 Americans want WIC funding to remain the same or increase with nearly twice as many favoring an increase as wanting a reduction.

WIC is a short-term, mission-driven preventive public health nutrition program designed to influence lifetime nutrition and health behaviors in a targeted, high-risk population. WIC provides nutrition and breastfeeding education, nutritious foods, and improved healthcare access for low- and moderate -income women and children with, or at risk of developing, nutrition-related health problems. Nationally, WIC serves approximately 9 million mothers and young children per month, including 53% of all infants in the U.S.

WIC is effective, providing significant returns on investment and is itself a deficit reduction strategy.

- WIC improves the consumption of key nutrients, improves pregnancy results, and substantially reduces the likelihood of adverse birth outcomes which mean fewer premature births, fewer low birth-weight babies, and fewer fetal and infant deaths. It has also been shown to improve at-risk children's health, growth and development and prevent health problems. Investing a small amount in WIC now results in significant health care cost savings in the future.
- Preterm births cost the U.S. over \$26 billion a year, with average first year medical costs for a
  premature/low birth-weight baby of \$49,033 compared to \$4,551 for a baby born without
  complications. It costs approximately \$743 a year for a pregnant woman to participate in WIC with
  an average participation length of 13 months. For every dollar spent on a pregnant woman in WIC,
  up to \$4.21 is saved in Medicaid.
- Participation in WIC's prenatal counseling program is associated with an increased rate of breastfeeding initiation. In 2010, survey data indicated that 63% of WIC infants ages 6-13 months were breastfeed up from 41% in 1998. Funding for WIC Breastfeeding Peer Counselors has helped to improve breastfeeding initiation and duration rates. It has been estimated that a minimum of \$3.6 billion would be saved if current US exclusive breastfeeding rates increased to at least 50% at 6 months old.

WIC children have increased intakes of important nutrients for cognitive and physical
development like iron, potassium, and fiber, and they have lower rates of anemia. In addition, fourand five-year-olds whose mothers participated in WIC during pregnancy have better vocabulary
test scores than children whose mothers had not received WIC benefits. WIC nutrition education
has been shown to lead to an increased consumption of whole grains, fruits, and lower-fat milk,
and participation in WIC has been shown to reduce the risk of child abuse or neglect.

WIC is efficiently run with administrative costs, according to the USDA, averaging 9%, nationally.

WIC is entrepreneurial, funding approximately 25% of its food costs through cost-containment initiatives and not federal resources. In fiscal year 2010, \$1.7 billion in federal savings were generated through competitive bidding for infant formula and other cost containment initiatives to support approximately 1.9 million participants.

WIC increases demand for healthy food in local retail stores, encouraging them to stock WIC authorized and healthier foods making WIC healthy foods accessible to others in the community. In 2010, \$6.25 billion worth of WIC food benefits were spent in local economies.

With already low administrative costs and effective cost containment strategies, cutting funding from WIC means cutting mothers and young children off of the program and depriving young children of a healthy start on life and the opportunity to thrive. Cutting funding from WIC in the short-term will result in long-term health and economic consequences for the country.

No one denies that our nation is facing fiscal challenges, but balancing the budget on the backs of vulnerable, at-risk, low-income mothers and young children that need essential food and nutrition assistance is not the way to achieve financial or national security. We urge you to do everything in your power to protect our nation's struggling families from hunger and improve their nutritional health and well-being. As an efficient, entrepreneurial, and effective program that provides significant returns on investment and is itself a deficit reduction strategy, we strongly urge you to reject any funding cuts to WIC and the other nutrition programs and urge you to support the President's WIC budget request.

## Sincerely,

9to5, National Association of Working Women A Minnesota Without Poverty A Woman's Place, Bucks County, PA A World Fit For Kids! Academic Pediatric Association Academy of Nutrition and Dietetics **ACCESS Family Care** AD House, Inc. Agency 299, Nassau County, NY Alabama Council on Human Relations, Inc. Alabama Dietetic Association Alameda County Community Food Bank Alameda County Office of Education Alaska Dietetic Association Alcohol & Addictions Resource Center Allen County Health Department, Ohio Allen County WIC in Ohio Alliance for a Just Society

Altarum Institute

American Academy of Pediatrics

American Association for Health Education (AAHE)

American Federation of State, County and Municipal Employees (AFSCME)

American Mother's Political Party American Public Health Association

American Red Cross WIC Program

American Samoa

Appalachian Mountain Teen Project

**Apple Processors Association** 

Arkansas Breastfeeding Coalition

Arkansas Dietetic Association

Artemis Center for Alternatives to Domestic Violence, OH

Ashtabula County Community Action Agency

Asian Law Alliance

Association of Arizona Food Banks

Association of Clinicians for the Underserved (ACU)

Association of Jewish Family & Children's Agencies

Association of Maternal and Child Health Programs

Association of State & Territorial Public Health Nutrition Directors

Auglaize County Health Department and WIC Program

Baby Beloved, inc.

Baby Gooroo

Bay Area WIC program, WI

Belleville Congregational Church UCC, MA

Best for Babes

Board of the International Childbirth Education Association

Brake the Cycle of Poverty

Bread for the World

Breastfeeding Coalition of Oregon

Breastfeeding Task Force of Greater Los Angeles

Bright Future Lactation Resource Centre Ltd

Bronx Breastfeeding Coalition

Bronx Health Link

Brownstein Jewish Family Service

Bucks County Women's Advocacy Coalition

California Breastfeeding Coalition

California Center for Public Health Advocacy

California Center for Rural Policy, Humboldt State University

California Conference of Local Health Department Nutritionists (CCLHDN).

California Food Policy Advocates

California Partnership

California WIC Association

Call to Action Rio Grande Valley

Cambridge United for Justice with Peace

Cambridge/Somerville WIC

Campaign for America's Future

Campaign for Hoosier Families

Capital Area Food Bank

Caring For 2

Catholic Charities Diocese of Ogdensburg, NY

Catholic Charities of Buffalo

Catholic Charities of the Archdiocese of Chicago

Catholic Charities of the Diocese of Brooklyn

**CBEACH** 

CDI/Choices For Children

CEDA (Community and Economic Development Association of Cook County, Inc.

Center for Children and Families at the University of Notre Dame

Center for Communications, Health & the Environment (CECHE)

Center for Family Policy and Practice, WI

Center for Human Rights

Center For Latino - Progress

Center for Public Policy Priorities

Center for Science in the Public Interest

Central Pennsylvania Dietetic Association

Cherokee Nation WIC Program

Child and Family Resources, Inc.

Child Care Council of Westchester, Inc.

Child Care Resources of Rockland, Inc.

Child Care Solutions

Child Care Staffing for Quality Solutions LLC

Childbirth Graphics

Children First/Communities in Schools of Buncombe County, NC

Children's Alliance

Children's Coalition of the Lehigh Valley

Children's Defense Fund

Children's Friend

Children's HealthWatch

Children's Hunger Alliance, OH

Children's Mercy Hospitals and Clinics, Kansas City, MO

Children's Alliance of New Hampshire

Christian Churches United of the Tri County Area, PA

Church Women United

Citizens' Committee for Children of New York

Clark County WIC Program

Clinton County, IA Public Health

Coalition for Low Income Pennsylvanians

Coalition on Human Needs

Collaborative Center for Justice, Inc.

Colorado Breastfeeding Coalition

Commission on Economic Opportunity

Commission on Economic Opportunity for the Greater Capital Region (CEO)

Community Access National Network (CANN)

Community Action Organization of Scioto County, Ohio

Community Action Partnership

Community Action Partnership for Madison County

Community Action Partnership of Cambria County, Pennsylvania

Community Action Partnership of San Bernadino

Community Action Program Belknap-Merrimack Counties Inc.

Community Action, Inc.

Community Child Care Council (4C's) of Alameda County

Community Health Services, Inc., PA

Community Legal Aid Society, Inc. of Delaware

Community Peace Builders, OH

Community Relations Committee of the Jewish Federation of Greater Portland

Community Relations Council of the Jewish Alliance of Greater Rhode Island

Community Relations Council of the Jewish Federation of Silicon Valley

Community Voices Heard

Concilio Latino de Salud

Concilio Latino de Salul, Inc.

Connecticut Association for Human Services (CAHS)

Connecticut Dietetic Association

Connecticut Food Bank

Consumer Federation of America

Corinthian Christian Center

Coshocton County Maternal and Child Health

Council of Islamic Organizations of Greater Chicago

Count Wellstart International

Covenant House

Cquest

Crisis Center & Women's Shelter, IA

Cross-Lines Community Outreach, Inc

Cuyahoga County WIC Program

CWA Local 1081, NJ

D.C. Hunger Solutions

DC Breastfeeding Coalition

DC WIC

Dearborn County WIC, Indiana

Defeat Diabetes Foundation

Delaware Dietetics Association

Delaware Ecumenical Council on Children and Families

**Delaware Opportunities** 

Delta Health Care WIC Program

Democratic Women's Club of Northeast Broward

Direct Action Welfare Group (DAWG)

Disciples Justice Action Network

Disciples Women, Christian Church (Disciples of Christ) in the United States and Canada

Early Care & Learning Council, Albany, NY

Earth Day Network

Easter Seals Iowa

Edgerton Women's Health Center

El Rio Health Center

eLatinaVoices.org

Elk River Health Services, Inc

Elkhart and St. Joseph Counties Head Start Consortium

Elkhart Housing Authority

**Equal Opportunity Professional Services** 

Every Mother, Inc.

Fairbanks Counseling and Adoption, AK

Family and Children's Ministries, Disciples Home Missions, Christian Church (Disciples of Christ) in the United

States and Canada

Family Therapy Institute of Suffolk

Farmworker Association of Florida

Feeding America

FGE Food & Nutrition Team

First 5 LA

First Focus Campaign for Children

First Pittsburgh Chapter, National Organization for Women

Flexicare

Florida Breastfeeding Coalition, Inc

Food and Nutrition Network of Solano County

Food Bank For New York City

Food Bank of Alaska

Food Bank of Central New York

Food Bank of Contra Costa and Solano

Food Bank of Northern Nevada

Food Research & Action Center (FRAC)

FoodBank of Western New York

Franklin Hampshire North Quabbin WIC Program

Fresno County Economic Opportunities Commission

Friends Committee on National Legislation

Friends of Yates, Inc.

Friendship and Peace Society

Gateway Northwest MCHN

Georgia Academy of Nutrition and Dietetics

Georgia Alliance to End Homelessness

Georgia Rural Urban Summit

Georgia Women for a Change

Glade Church (United Church of Christ and Alliance of Baptists) Blacksburg, VA

Graham County Interfaith Care Alliance, AZ

Great Kids, Inc.

Greater Philadelphia Coalition Against Hunger

Greater Pittsburgh Community Food Bank

Health Council at United Way of the Midlands

**Health Imperatives** 

Healthy Children Project, Inc.

Heartland International Health Center

Hillcrest Family Services, IA

Hope Cottage Pregnancy and Adoption Center

Hope House, LA

**HOPE** of East Central Illinois

Houston Peace

Hudson Perinatal Consortium

Humility of Mary Health Partners Trumbull County WIC Program

Hunger Action Network of NYS

Hunger Free Colorado

Hunger Free Vermont

Hunger Solutions New York

Hunger Task Force

Idaho Academy of Nutrition and Dietetics

Illinois Chapter of the AAP

Illinois Dietetic Association

Illinois Hunger Coalition

Indiana Dietetic Association

Indiana Perinatal Network

Indiana Rural Health Association

Initiative Foods, LLC

Interfaith Impact of New York State

Inter-Tribal Council, Inc. of Oklahoma

Iowa Coalition against Domestic Violence

Iowa Coalition for Juvenile Justice

Iowa Dietetic Association

Jefferson County WIC, OH

Jewish Alliance of Greater Rhode Island

Jewish Community Relations Council of the Jewish Federation of Southern Arizona

Jewish Community Relations Council of the Milwaukee Jewish Federation

Jewish Council for Public Affairs

Jewish Family Service of Los Angeles

Jewish Family Service of Metropolitan Detroit

Jewish Family Service of the Cincinnati Area

Jewish Federation of Nashville, Community Relations Committee,

Jewish Labor Committee Western Region

Johnson County WIC Program

Judith C Christensen, LLC

Julie's Family Learning Program, MA

Just Harvest

Justice Center and Pax Christi Houston

Kalindi Press & HOHM Press Publishers

Kansas Breastfeeding Coalition, Inc.

Kansas City's Childhood Obesity Collaborative-Weighing In

Kansas Dietetic Association

Kansas, Social Justice Office of the Sisters of Charity of Leavenworth

Kern County Network for Children

Khmer Health Advocates

Kno-Ho-Co-Ashland CAC Head Start

La Crosse County WIC Program

La Fe Policy Research and Education Center

Lactation Improvement Network of Kentucky

Lafavette Urban Ministry

Lamaze International

Land Stewardship Project

League of United Latin American Citizens

Legal Momentum

Legal Voice

Lenox Hill Neighborhood House

Lincoln County Health Department, MO

Logan County Department of Public Health, IL

Long Island Cares, Inc., The Harry Chapin Food Bank

Louisiana Breastfeeding Coalition

Louisiana Dietetic Association

Love Your Child's Care Childcare LLC

Lucas County WIC Program

Lutheran Family & Children's Services of Missouri

Lutheran Metro Ministry, Omaha, NE

Maine Dietetic Association

Maine NASW

MAPS - Massachusetts Alliance of Portuguese Speakers

March of Dimes

Marin Grassroots

Marion County Commission on Youth (MCCOY), Inc.

Maryland Breastfeeding Coaltion

Maryland Dietetic Association

Maryland Family Network

Mary's House Catholic Worker, AL

Massachusetts Association for Community Action (MassCAP)

Massachusetts Association of WIC Directors

Massachusetts Public Health Association

Maternal and Child Health Access

Maternal and Family Health Services, Wilkes-Barre, Pennsylvania

Maternity Care Coalition

McLean County Health Department WIC Program, IL

MDC, NC

Meadville Medical Center, PA

Medela, Inc.

Medina County Health Department

Memorial Hospital Prenatal Care Coordination

Metropolitan NYC WIC Association

Michigan Unitarian Universalist Social Justice Network

Michigan's Children

Mid Michigan Community Action

Mid-Iowa Community Action, Inc.

Migrant Legal Action Program

Minnesota Dietetic Association

Minnesota FoodShare

Mississippi Coalition for Citizens with Disabilities

Missouri Citizen Education Fund & Missouri ProVote

Missouri Dietetic Association

Mohave County Dept of Public Health

Montana Dietetic Association

Montana Food Bank Network

Montana Women Vote

Montgomery County Community Action Development Commission

Morgan County Health Center, MO

Morrisania D&TC WIC Program

Muskingum County WIC Program

National Advocacy Center, Sisters of the Good Shepherd

National African American Drug Policy Coalition, Inc.

National Assembly on School-Based Health Care

National Association for the Education of Young Children

National Association of Commissions for Women (NACW)

National Association of Pediatric Nurse Practitioners

National Center on Family Homelessness

National Council of Jewish Women

National Council of Jewish Women - St. Louis Section

National Council of Jewish Women, NJ State Public Advocacy Network

National Council of Jewish Women, Union County Section

National Council of Jewish Women, West Morris Section

National Council of La Raza (NCLR)

National Economic and Social Rights Initiative (NESRI)

National Latina Institute for Reproductive Health

National WIC Association

National Women's Conference Committee

National Women's Health Network

Nationwide Children's Hospital WIC Program

Nebraska Academy of Nutrition and Dietetics

Nebraska Head Start Association

Nebraskans for Peace

Nevada Dietetic Association

New Hampshire Community Action Association

New Hampshire Dietetic Association

New Hampshire WIC Directors' Association

New Jersey Dietetic Association

New Mexico Academy of Nutrition and Dietetics

New Mexico Center on Law and Poverty

New York City Coalition Against Hunger

New York Statewide Breastfeeding Coalition

Nia's Ark

NJ WIC Advisory Council

North Carolina Breastfeeding Coalition

North Carolina Council of Churches

North Carolina Dietetic Association

North Dakota Academy of Nutrition of Dietetics

North Hudson Community Action Corporation

Northeast PA AHEC

Northeast Valley Health Corporation

Northern Manhattan Perinatal Partnership, Inc.

Northwest Harvest

Northwest Pennsylvania Dietetic Association

Nursing Mothers Counsel of Oregon

Nutricion Fundamental, Inc

Nutrition and Health Associates, WI

**Nutrition First** 

NYC Breastfeeding Leadership Council

Ohio Public Health Association

Older Women Embracing Life (O.W.E.L.) of Baltimore

Open Pantry Community Services, Inc., MA

Optimus Health Care, Inc.

Oral Health America

Orange County Cerebral Palsy Association

Oregon Pediatric Nutrtion Practice Group

Oregon Public Health Association

Oregon Public Health Institute

Orthodox Catholic Church, San Francisco, CA

Ounce of Prevention Fund

Parents as Teachers

Parents Organizing for Welfare and Economic Rights (POWER)

Partners for a Hunger-Free Oregon

PathWays PA

Pax Christi Texas

Pediatric Nutrition Practice Group (PNPG)

Pennsylvania Breastfeeding Coalition

Pennsylvania Coalition of Nurse Practitioners

Pennsylvania Council of Churches

Pennsylvania Hunger Action Center

Philadelphia Dietetic Association

Pittsburgh Dietetic Association

Plainfield WIC Program

Planned Parenthood of Orange and San Bernardino Counties

Plattsburgh, NY United Methodist Women

Poor Peoples United Fund

Portage Columbiana County WIC Program

Preble County WIC Program, Ohio

Project Bread – The Walk for Hunger

Project EAGLE Programs

Project IRENE, statewide organization, Illinois

Promise the Children

Protecting Arizona's Family Coalition (PAFCO)

Public Health Institute

Public Health Law & Policy

Public Health Solutions, NY

Public Justice Center, MD

Pueblo Of Isleta WIC Nutrition Program

Pueblo of Zuni

Pueblo of Zuni Head Start Program

Pueblo WIC Program

Quay County, New Mexico Health Council

Regional Food Bank of Northeastern New York

Resource Center for Parents and Children

**RESULTS** 

RESULTS-Santa Fe

Rhode Island Breastfeeding Coalition

Rhode Island Dietetic Association

Rooftop of Virginia Community Action Program

Rural Health Corporation of NE PA

Saint Croix County WIC Project 31

Saint Mary's WIC Program in Reno, NV

San Francisco Department of Public Health

San Francisco Food Security Task Force

Sargent Shriver National Center on Poverty Law

SC Appleseed Legal Justice Center

**SC Progressive Network** 

School Social Work Association of America

Seeds of Health, Inc

SEIU Local 668, PA

Seneca County Ohio WIC

Share Our Strength

Single Stop USA

Siskiyou County PHD, CA

Sisters of Charity of Nazareth Congregational Leadership

Sisters of Charity of Nazareth Western Province Leadership

Sisters of Mercy West Midwest Justice Team

Sisters of Notre Dame de Namur Justice and Peace Network

Sisters of St. Joseph Justice Committee, Albany NY Province

Social Action Linking together (SALT)

Social Agenda, Inc.

Society for Nutrition Education and Behavior

Sojourner Truth House

SoL Center at University Presbyterian Church in San Antonio Texas

Somerville Commission for Women

Somerville Homeless Coalition

Soul Food for Your Baby

South Bronx Community Congress

South Carolina Columbia Dietetic Association

South Carolina Dietetic Association

South Central Missouri Dietetic Association

South Central WIC Program, MA

South Dakota Dietetic Association

Southern Adirondack Child Care Network

Southern Nevada Breastfeeding Coalition

Southern New Hampshire Services, Inc.

Southwestern Community Services

Southwestern WI Community Action Program (SWCAP) WIC Project

Soyfoods Association of North America

Squirrel Hill Chapter, National Organization for Women

St. Mary's Center, Oakland, CA

Stop Targeting Ohio Poor

Survivors Inc.

Susquehanna Consulting, Harrisburg, PA

Tapestry Health

Temple B'nai Israel

Texas Dietetic Association

Texas Food Bank Network

The Access Community Action Agency

The Capital Area Food Bank

The Center for Immigrant Healthcare Justice

The Diaper Bank of CT

The Episcopal Church, DC

The Erin Kimball Memorial Foundation

The Exchange Club Family Center, TN

The Food Bank of Western Massachusetts

The Greater Hudson Valley Family Health Center WIC Program

The Inter Tribal Council of Arizona

The Jewish Federations of North America

The MetroHealth System

The Ministry of Caring

The National Congress of Black Women, Inc.

The National Indian and Native American WIC Coalition (NINAWC)

The National Indian Head Start Directors Association

The SOURCE

The Wisconsin Dietetic Association, an Affiliate of the Academy of Nutrition and Dietetics

Tidewater Area Lactation Consultant Association

Tompkins County Health Department, NY

Tulare County Breastfeeding Coalition

**TVCCA WIC** 

Union for Reform Judaism

Unitarian Universalist Association of Congregations

United Food Bank

United Fresh Produce Association

United Jewish Community Advocacy Relations and Enrichment

United States Breastfeeding Committee

United States Lactation Consultant Association

United Way of Beaver County, PA

University District Food Bank in Seattle, Washington

Utah State Breastfeeding Coalition

**Utahns Against Hunger** 

Venice Community Housing Corporation, CA

Veritable Vegetable, Inc.

Vermont Academy for Nutrition and Dietetics

Vida Y Salud Health Systems

Violence Intervention Program, NYC

Virginia Dietetic Association

Virginia Interfaith Center for Public Policy

Virginia Organizing

Visiting Nurse Services of Iowa

Voices for America's Children

Warren County Health Department, Warrenton, NC

Washington State Academy of Nutrition and Dietetics

Washington State Association of Head Start and ECEAP

Washtenaw County, Michigan, Human Services Board

WCD WIC Program in Oklahoma

Webster County Health Department

Wellness Pointe

West Side Campaign Against Hunger

WIC Association of Maryland

WIC Association of NYS, Inc.

Williams County WIC

Winfield Township, DuPage County, West Chicago, IL

Wisconsin Association of Local Health Departments and Boards (WALHDAB)

Wisconsin State Dietetic Association

Wisconsin WIC Association

Witnesses to Hunger, Philadelphia, PA

Women's International League for Peace and Freedom, Boston chapter

Worcester County Food Bank, Shrewsbury, MA

Worcester Food & Active Living Policy Council, MA

World Knowledge Bank

Wyandot County WIC

YWCA Elgin, IL

Zuni Tribe of New Mexico